

JUST BAKED

SCONES strawberry preserves sweet double cream 9 GUINNESS BROWN BREAD european butter clover honey jacobsen sea salt 11 APPLE CINNAMON BEIGNETS Jernon mascarpone icing apple compote 11 GOOD MORNING CRISPY EDGE SOURDOUGH PANCAKES Jernon mascarpone blueberry compote maple syrup 14 AVOCADO TOAST basil onion petals watermelon radish smoked tomato (ADD shrimp 7) 16 SMOKED SALMON TOAST citrus infused red onions dill creme fraiche bagel spices boiled egg capers 20 SHAKSHUKA baked eggs poblano moroccan spiced tomato crème fraiche queso fresco naan 19 FRENCH OMELETTE asparagus fromage blanc morel cream marbled potatoes dressed greens 20 HOUSE CORNED BEEF HASH sweet potato poached egg pickled cabbage tarragon wholegrain mustard 21 FROM THE GARDEN WOOD FIRED PIZZETTA sprouting broccoli spring garlic pearl onions burrata hazelnuts balsamic 20 KALE ROMANINE CAESAR black garlic cherry tomatoes fried capers pepitas parmesan croutons 16 CITRUS SALAD blood orange cara cara chevre crispy quinoa spiced avocado citrus vinaigrette 20 SUMMER CHOPPED SALAD tomato avocado com cipollini lardons egg blue cheese herb dressing 40 ADD: chicken breast (grilled or deep fried) 12 salmon 17 shrimp 10 FROM THE SEA HAMACHI CRUDO radish cucumber toy box tomatoes jalapeno mango gelee olive oil lemon snow 22 PEI MUSSELS roasted spring garlic thyme butter country bread 28 FISH & CHIPS ciolandic cod crushed peas curry remoulade hand-cut fries 28 CRACKED PEPPER BUCATINI manila clams pancetta parmesan smoked cured egg yolk 32 STEELHEAD SALMON farro kale cipollini onion red wine reduction 37 FROM THE FARM CRISPY CHICKEN SANDWICH gochujang aioli pickled serrano slaw truffle fries 25 FABLE BURGER prime beef american cheese pork belly caramelized onions tomato dijon truffle fries 25 FABLE BURGER prime beef american cheese pork belly caramelized onions tomato dijo		
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	NO SHENANIGANS (non alcoholic) muddled cucumber shiso pineapple lime foam	12

FAMILY PROMISE: FABLE & SPIRIT WILL CREATE EVERYTHING ON YOUR PLATE FROM SCRATCH, SOURCING SUSTAINABLE AND ORGANIC INGREDIENTS FROM CARING PURVEYORS AND WE WILL SOURCE LOCALLY WHEN ITS BEST AND PRACTICAL. OUR PLANET AND YOUR HEALTH REALLY MATTERS.

EXECUTIVE CHEF: DAVID SHOFNER GENERAL MANAGER: PENDAR MAHDAVI

SPLIT CHARGE \$5

OUTSIDE DESSERT FEE \$4 PER PERSON

PROPRIETORS: DARREN AND JEAN COYLE

CORKAGE FEE \$35 PER 750ML BOTTLE; UP TO 2 BOTTLES PER RESERVATION

WISHING YOU HEALTH, HAPPINESS & FRIENDSHIP (SLAINTE, SONAS & CAIRDEAS)